

**TRAININGSPLAN – TC KLEINOSTHEIM – 2019**

| Uhrzeit       | Montag   |          |           |           |        |        | Dienstag  |           |             |             |            |            | Mittwoch  |           |             |             |           |             | Donnerstag  |           |           |        |        |          | Freitag  |           |           |        |        |        |
|---------------|----------|----------|-----------|-----------|--------|--------|-----------|-----------|-------------|-------------|------------|------------|-----------|-----------|-------------|-------------|-----------|-------------|-------------|-----------|-----------|--------|--------|----------|----------|-----------|-----------|--------|--------|--------|
|               | Platz1   | Platz2   | Platz3    | Platz4    | Platz5 | Platz6 | Platz1    | Platz2    | Platz3      | Platz4      | Platz5     | Platz6     | Platz1    | Platz2    | Platz3      | Platz4      | Platz5    | Platz6      | Platz1      | Platz2    | Platz3    | Platz4 | Platz5 | Platz6   | Platz1   | Platz2    | Platz3    | Platz4 | Platz5 | Platz6 |
| 08:00 – 09:00 |          |          |           |           |        |        |           |           |             |             |            |            |           |           |             |             |           |             |             |           |           |        |        |          |          |           |           |        |        |        |
| 09:00 – 10:00 |          |          |           |           |        |        |           |           |             |             |            |            |           |           |             |             |           |             |             |           |           |        |        |          |          |           |           |        |        |        |
| 10:00 – 11:00 |          |          | Herren 65 | Herren 65 |        |        |           |           |             |             |            |            |           |           |             |             |           |             |             |           |           |        |        |          |          |           |           |        |        |        |
| 11:00 – 12:00 |          |          | Herren 65 | Herren 65 |        |        |           |           |             |             |            |            |           |           |             |             |           |             |             |           |           |        |        |          |          |           |           |        |        |        |
| 12:00 – 13:00 |          |          |           |           |        |        |           |           |             |             |            |            |           |           |             |             |           |             |             |           |           |        |        |          |          |           |           |        |        |        |
| 13:00 – 14:00 |          |          |           |           |        |        |           |           |             |             |            |            |           |           |             |             |           |             |             |           |           |        |        |          |          |           |           |        |        |        |
| 14:00 – 15:00 |          |          |           |           |        |        | Jugend/Sh | Jugend/Sh |             |             |            |            | Jugend/Sh |           |             |             |           |             |             |           |           |        |        |          |          | Herren 60 | Herren 60 |        |        |        |
| 15:00 – 16:00 |          |          |           |           |        |        | Jugend/Sh | Jugend/Sh |             |             |            |            | Jugend/Sh |           |             |             |           |             |             |           |           |        |        |          |          | Herren 60 | Herren 60 |        |        |        |
| 16:00 – 17:00 |          |          |           |           |        |        | Jugend/Sh | Jugend/Sh |             |             | Jugend/Mo  |            | Jugend/Sh | Jugend/Sh |             |             | Jugend/Mo |             |             |           |           |        |        |          |          |           |           |        |        |        |
| 17:00 – 18:00 |          |          |           |           |        |        | Jugend/Sh | Jugend/Sh |             |             | Jugend/Mo  |            | Jugend/Sh | Jugend/Sh |             |             | Jugend/Mo |             |             |           |           |        |        |          |          |           |           |        |        |        |
| 18:00 – 19:00 | Herren 2 | Herren 2 | Damen 40  | Damen 40  |        |        | Herren 50 | Herren 50 | Herren 40-2 | Herren 40-2 | Damen 40-2 | Damen 40-2 | Damen 50  | Damen 50  | Herren 50-2 | Herren 50-2 |           | Herren 40-1 | Herren 40-1 | Herren 30 | Herren 30 |        |        | Herren 1 | Herren 1 |           |           |        |        |        |
| 19:00 – 20:00 | Herren 2 | Herren 2 | Damen 40  | Damen 40  |        |        | Herren 50 | Herren 50 | Herren 40-2 | Herren 40-2 | Damen 40-2 | Damen 40-2 | Damen 50  | Damen 50  | Herren 50-2 | Herren 50-2 |           | Herren 40-1 | Herren 40-1 | Herren 30 | Herren 30 |        |        | Herren 1 | Herren 1 |           |           |        |        |        |
| 20:00 – 21:00 |          |          |           |           |        |        |           |           |             |             |            |            |           |           |             |             |           |             |             |           |           |        |        |          |          |           |           |        |        |        |
| 21:00 – 22:00 |          |          |           |           |        |        |           |           |             |             |            |            |           |           |             |             |           |             |             |           |           |        |        |          |          |           |           |        |        |        |
| 22:00 – 23:00 |          |          |           |           |        |        |           |           |             |             |            |            |           |           |             |             |           |             |             |           |           |        |        |          |          |           |           |        |        |        |